

Name: Colton Merrill ATC, CPT		Grading Quarter: 1	Week Beginning: Week 4. August 21-25
School Year: 2021		Subject: Sports Medicine and Rehabilitation 1	
Monday	Notes: 21st	Objective: Identify signs and symptoms of breathing emergencies Learn how to care for a breathing emergency Practice providing care for a conscious choking victim Students will be able to perform the CPR skill. Lesson Overview: L 3 Breathing emergencies.pptx L 4 CPR.pptx	Academic Sports Med Standards: 5.4 5.2 5.11
Tuesday	Notes: 22nd	Objective: Understand how to prevent heart disease Recognize signs and symptoms of heart attack How to provide care for heart attack victim Understand importance of each link in cardiac chain of survival. Learn how defibrillation works. Identify the general steps in using an AED. Learn precautions when using an AED. Practice using an AED in conjunction with CPR. Lesson Overview: L 5 Cardiac Emergencies.ppt L 6 AED.ppt	Academic Sports Med Standards: 5.4 5.10
Wednesday	Notes: 23rd	Objective: Student will be able to Identify risk factors that cause injury and how to reduce chances of accidents Students will be able to: Identify risk factors that cause injury and learn how to reduce chances of accidents. Identify how disease is spread. Understand how to prevent disease transmission. Practice using personal protective equipment to prevent disease transmission. Lesson Overview: L 17injury prevention.ppt L 18Preventing Disease Transmission.pptx	Academic Sports Med Standards: 4.1 4.2 4.3

Thursday	Notes: 24th	Objective: Recognize the signals of bleeding injuries. Demonstrate proper care for a bleeding victim. Identify signals of burns. Provide appropriate care for a burn victim. Identify various musculoskeletal injuries. Identify signals of head, neck and back injuries. Demonstrate how to care for head, neck and back injuries. Demonstrate how to care for musculoskeletal injuries. Lesson Overview: L 9 Soft Tissue injuries.pptx L 10 Muscle Bone and Joint Injuries.ppt	Academic Sports Med Standards: 5.6 5.7 6.4 6.5
Friday	Notes: 25th	Objective: Identify general signals of sudden illness Identify signals and steps for care of specific illnesses including fainting, stoke, seizures, poisonings, allergic reactions and diabetes Identify signals of heat illness and provide care Identify signals of cold illness and provide care Lesson Overview: L 11 Sudden Illness	Academic Sports Med Standards: 5.3 6.4 6.5